



Thursday 21st May 2020

Design and Technology

Lesson Starter-

What's in your house? Find 5 things in your house. What are they made from?
Can you name the properties of the different materials?

***Choose lesson 1 or Lesson 2 depending on availability of resources**

Lesson 1- Rainbow Muffins

Food Safety-

<https://www.healthykids.nsw.gov.au/recipes/food-safety-and-hygiene>

Click on the link to read about food safety and hygiene before baking

After visiting the web page locate and weigh out your ingredients then follow the method to bake the muffins. Do this task with a parent or carer.

Rainbow Muffins



Ingredients:

- 2 medium eggs
- 150ml milk
- 1 tablespoon garlic puree
- 125ml unsalted butter, melted
- 1 teaspoon dried oregano
- Half red pepper de-seeded and diced
- Half yellow pepper de-seeded and diced
- 3 tablespoon parmesan cheese-can easily be missed out
- 100g cheddar cheese grated
- 350g self-raising flour

Method

- 1 Preheat the oven to 200°C and line or grease a 12-hole muffin tray with cases
- 2 In a large bowl, whisk together the eggs, milk, garlic pureé and butter
- 3 Fold the oregano, peppers, sweetcorn, parmesan and 150g of the cheddar cheese through the mixture, followed by the flour – do not over-mix
- 4 Divide the mixture evenly between the muffin cases
- 5 Sprinkle the remaining cheese evenly over the top of each muffin
- 6 Bake your muffins in the oven for 22-25 minutes, or until just beginning to brown on top
- 7 Serve once cooled.

Lesson 2-

Who would live in a house like this?

Design a creature that would live in the boot of your car, or the bottom of your bag.

What special adaptations/characteristics would it have?