



RSHE and PSHE at St. Cuthbert Mayne

Created and Loved by God

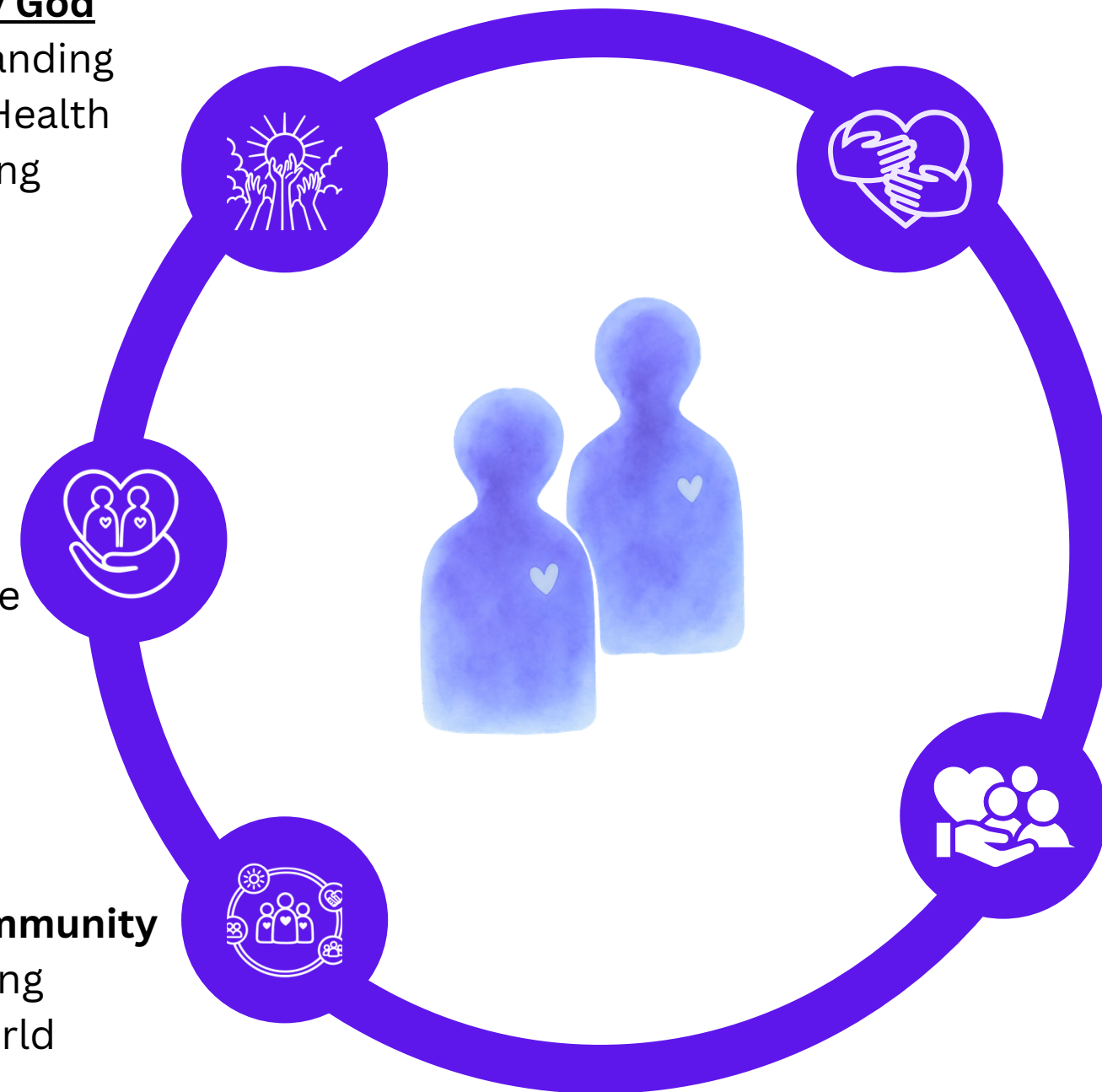
- Religious Understanding
- Me, My Body, My Health
- Emotional Wellbeing
- Life Cycles

Created to Love Others

- Religious Understanding
- Personal Relationships
- Life online and safety online
- Healthy relationships through the lens of families and friendships
- Keeping Safe

Created to Live in Community

Religious Understanding
Living in the Wider World
Community
Belonging



Enrichment

Anti-bullying Week
Bikeability (Year 5)
Children's Mental Health and Wellbeing week
First Aid (Year 5)
NSPCC workshops
Money Matters
Safer Internet Week
Zones of Regulation
Disability and neurodiversity week

British Values

Democracy
The Rule of Law
Individual Liberty
Mutual Respect and Tolerancr