



THE CATHOLIC DIOCESE OF  
ARUNDEL & BRIGHTON  
EDUCATION SERVICE

# RSHE in the Catholic Primary School



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# Welcome and Introductions

# Opening Prayer



Lord our God,

Help us to work together in a spirit of charity and co-operation, accepting wholeheartedly that it is in collaboration that we live out your example and best serve all children in our care

Amen.

# A Presentation for Parents & carers



- What is RSE / RSHE?
- Relationships Education at (add school)
- Supporting all pupils
- Working with external agencies
- Statutory guidance
- Sex Education in primary schools
- Forming partnerships

# What is RSE?



- Relationships & Sex Education
- Health Education has now been added so you will see the acronym **RSHE** also being used
- Programmes that support the teaching & learning of RSHE in the Diocese of Arundel & Brighton
  - A Journey in Love
  - Life to the Full

# What is RSE?



- RSE is the life long learning about physical, moral & emotional development.
- It is the understanding of the importance of marriage for family life, stable & loving relationships, respect, love & care.
- It is also about the teaching of sex, sexuality & sexual health.

# RSE at (add school)



- RSE forms a part of the PSHE, RE and Science Curriculum and is collectively known in Catholic Schools as EPR – Education in Personal Relationships.
- Our key objective is the well-being and safety of every pupil.
- We believe that parents/carers are the prime educators of their children.
- Our role is to support you in the education of your child and not to replace you.

# RSE at (add school)



- RSE will naturally overlap with PSHE, RE & Science.
- In ALL schools teaching MUST reflect the law including the [Equality Act 2010](#).
- Schools with a religious character are able to teach their distinctive faith perspective on relationships.
- The religious backgrounds of all pupils will be taken into account when planning lessons.



# Right to withdraw



- Parents/carers have the right to withdraw their children from **elements** of Sex Education that are not in line with the National Curriculum for Science.
- They may **not** withdraw their children from any elements of Relationships Education and Health Education.

# Supporting all pupils



- We will ensure that RSE & Health Education is accessible for all pupils including those with Special Education Needs &/or Disability - SEND.
- We are aware that some pupils are more vulnerable to exploitation and bullying due to the nature of their SEND and will communicate with parents/carers to tailor content and teaching to their specific needs.

# Supporting all pupils



- We will ensure that all pupils understand the importance of equality and respect and comply with the relevant provisions of the Equality Act 2010.
- We will work in partnership with the family, school and the Church.

# Working with external agencies



- We will ensure any outside visitor is familiar with our school ethos and RSHE Policy.
- We will ensure all visitor credentials are fully checked.
- We will always see materials and lesson plans in advance and ensure they are age-appropriate and accessible to all pupils.
- We will ensure that any delivery from an outside visitor will enhance our planned programme.

Statutory  
Requirements by  
**the end of**  
Primary School for  
**Relationships  
Education**

**COMPULSORY**



All Pupils should know about:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

[Statutory Guidance](#)

## Sex Education in Primary Schools



- The focus for all primary schools is Relationships Education
- Puberty is now included in Health Education
- SEX Education beyond that stated in the National Curriculum for Science is **NOT COMPULSORY**

HOWEVER – DfE guidance states ...

[Statutory Guidance](#)

A 3D illustration of a person in a thinking pose standing next to a large orange question mark. The person is a simple, rounded figure with its hand on its chin, looking upwards. The question mark is large and stylized, with a thick stroke. The background is a solid light orange color.

Any Questions ?

Opportunity for Group  
Discussion

# WORKING IN PARTNERSHIP

## Requirements:

- Schools will be required to have a policy; published on the school website. The policy must show how they intend to approach the subject, how they are teaching and the resources they are using and how they will monitor its' impact.
- Schools are now required to consult on their Relationships & Sex Education Policy.
- From Sept 2020 schools are also required to teach Health Education BUT they are not required to have a separate policy for this; but may do if they wish.



# WORKING IN PARTNERSHIP

We will support you:

- In how to talk to your children about Relationships and Sex Education.
- By signposting you to age-appropriate resources that can be used at home.
- By offering links to what is being taught in school in other areas of the curriculum.

**We are  
committed to**



- Building strong partnerships with our parents/carers.
- Parents/carers understanding what is being taught, when and how.
- Helping parents/carers to support their child's learning at home.
- Developing a shared set of values between school and parents/carers.
- Dispelling myths around the teaching of RSE and Health Education.

## What we will ask of you



- Consultation and feedback when revising or creating policies related to RSE.
- Consultation and feedback on the RSE curriculum:
  - When it is being taught
  - How it is being taught
  - What resources are used to support teaching and learning
  - Links with outside agencies

## What this might look like



## Consultation

- Via email / parent link
- Workshops
- Zoom/Teams meetings
- Working parties

## What this might look like




Information briefings to all parents/carers

Where we will:

- Listen
- Reassure
- Discuss
- Gather feedback
  - Written
  - Face to face
  - internet

The following slides are to help you  
share information regarding Journey  
in love



# A Journey in Love

“My commandment is this: love one another,  
just as I have loved you”

John 15:12

The central message of the Christian faith is love. The central message of our RSHE teaching is love.



Approved by the Diocese and recently updated to include new statutory guidance, the programme teaches that:

- The journey begins at the moment of our conception *God is at the heart of love*
- Puberty can be an extremely confusing time for children, our message will be that *even in this confusion, God is there*
- The Sacrament of marriage publicly declares the commitment of each spouse to the other permanently *in the acknowledgement that it is God-given*



# The Structure of A journey in love

## **The programme is made up of 4 areas:**

- Social & Emotional
- Physical
- Spiritual

## **Each area is broken down into:**

- Content and information for the teacher
- Key questions to consider
- Suggested activities
- Pause & Reflect
- Prayer

## Early Years

Aim: To explore the wonder of being special and unique

LI: To **recognise** the joy of being a special person in my family

LI: To **recognise** that we are all different and unique

LI: To **celebrate** the joy of being a special person in God's family

## Year One

Aim: To focus on families and specially growing up in a loving, secure and stable home

LI: To **recognise** signs that I am loved in my family

LI: To **recognise** how I am cared for and kept safe in my family

LI: To **celebrate** ways that God loves and cares for us

## Year Two

Aim: To describe how we are growing and developing in diverse communities that are God-given

LI: To **recognise** the joy and friendship of belonging to a diverse community.

LI: To **describe** ways of being safe in our communities.

LI: To **celebrate** ways of meeting God in our communities.

## Year Three

Aim: To describe and give reasons for how we grow in love, in caring and happy friendships where we are secure and safe

LI: To **describe and give reasons** how friendships make us feel happy and safe

LI: To **describe and give reasons** why friendships can break down and how they can be repaired and strengthened

LI: To **celebrate** the joy and happiness of living in friendship with God and others

## Year Four

Aim: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change

LI: To **describe** how we all should be accepted and respected

LI: To **describe** how we should treat others **making links** with the diverse modern society we live in

LI: To **celebrate** the uniqueness and innate beauty of each of us

## Year five

Aim: To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty; sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives

LI: To **show knowledge and understanding** of emotional relationship changes as we grow and develop

LI: To show **knowledge and understanding of** the physical changes in puberty

LI: To **celebrate** the joy of growing physically and spiritually

## Year six

Aim: To develop a secure understanding of what stable, caring relationships are and the different kinds there may be, focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage

LI: To develop a **secure understanding** that stable and caring relationships, which may be of different types are at the heart of happy families

LI: To **explain** how human life is conceived

LI: To **show an understanding** of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships



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