

The blessing

In the name of the Father

and of the Son

and of the Holy Spirit

Amen

The response

The Lord be with you.

And with your Spirit

The Our Father

Our Father,

who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil.

Amen.

Guardian Angel Prayer

Angel of God, my guardian dear,

To whom God's love commits me here,

Ever this day be at my side

To light and guard, to rule and guide.

Amen

The Hail Mary

Hail Mary, full of grace,

the Lord is with you.

Blessed are you among women,

and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death.

Amen.

The Glory Be

Glory be to the Father,

and to the Son,

and to the Holy Spirit.

As it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

The Holy Holy

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the
Lord.

Hosanna in the highest.

The Gloria

Gloria to God in the highest,

And on earth peace to people of good will.

We praise you,

We bless you,

We adore you,

We glorify you,

We give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

You take away the sins of the world,

Have mercy on us;

You take away the sins of the world,

Receive our prayer;

You are seated at the right hand of the Father,

Have mercy on us.

For you alone are the Holy One,

You alone are the Lord,
You alone are the Most High,
Jesus Christ,
With the Holy Spirit,
In the glory of God the Father.
Amen

The Confiteor

I confess to almighty God

And to you, my brothers and sisters,

That I have greatly sinned,

In my thoughts and in my words,

In what I have done and in what I have failed to
do,

(striking chest)

Through my fault, through my fault,

Through my most grievous fault;

Therefore I ask blessed Mary ever-Virgin,

All the Angels and Saints,

And you, my brothers and sisters, to pray for
me to the Lord our God.

Act of Contrition

O my God,

I am very sorry that I have sinned against you,

Because you are so good,

And with your help I will strive not to do it
again.

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.

For us men and for our salvation
he came down from heaven,

*At the words that follow, up to and including
and became man, all bow.*

and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand
of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father
and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism
for the forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come. Amen.